

SHANGHAI, CHINA

The Semester at Sea Field Program has a strong academic component. Faculty members develop field requirements that constitute 20% of the contact hours for each course they are teaching. As part of these field requirements, all Semester at Sea faculty design and lead field trips that integrate with their course work. The following is a representative sampling of the types of Faculty-Directed Practica (FDPs) that may be offered during this voyage:

TASTING THE EVERYDAY LIFE OF A SHANGHAI CITIZEN [FDP: ANTHROPOLOGY]

This trip will provide a unique opportunity to observe and experience aspects of everyday life for a Shanghai family. You will travel by motorcoach to a residential community where you will visit a free market to see where local



people shop for their food each day. After a briefing at the neighborhood center, you will break into groups of eight to visit a local family. You will learn the art of Chinese cooking while helping your host prepare lunch that you will all enjoy together. In the afternoon, you will visit Xintiandi, which hosts a multitude of specialty retail, entertainment, cultural, recreational, commercial and residential facilities in restored Shikumen houses – a special old form of architecture only found in Shanghai – as well as state-of-the-art new buildings, catering to both residents and visitors. You will also visit an Elder People Club to interact with the residents during their leisure hours when they sing and dance. You are welcome to join in the activities! (PRICE: \$37.00)

FAMILY PLANNING NEIGHBORHOOD COMMITTEE [FDP: POLITICAL SCIENCE]

China's population is over 1.3 billion. In recent years, the government has been quite successful in reducing the rate of population growth. Today, the growth rate is approximately 1.1% (doubling time of 63 years). The Neighborhood Committee is in charge of supervising family planning in the urban areas of China and also dispenses birth-control and other equipment. We will meet with the committee members to learn how the Chinese promote the national "one child" policy, followed by a question-and-answer session. (PRICE: \$28.00)

PEKING OPERA SCHOOL [FDP: MUSIC]

Peking Opera is an important part of Chinese cultural entertainment. Performances are known for their colorful stage settings, dramatic face paintings and dramatic music. We will visit the Shanghai Peking Opera School, which teaches many forms of drama including Peking Opera, Kunshan Opera, Shaoxing Opera and acting. Many well-known performers have graduated from this school. We will observe classes, view a brief performance, tour the facilities and have an opportunity to interact with the students. (PRICE: \$23.00)

SHANGHAI JIAO TONG UNIVERSITY RECEPTION [FDP: COMMUNICATION]

This reception, hosted by Shanghai Jiao Tong University, provides an excellent opportunity to meet local university students who are wonderful resources for suggestions of things to see and do in the Shanghai area. On arrival at the campus, enjoy a visit to the new CY Tung Maritime Museum. This museum was opened in January, 2003, in honor of Hong Kong shipping magnate, CY Tung, who played an instrumental role in the Semester at Sea program. Then a buffet dinner provides the opportunity to sample some of the wonderful local Chinese cuisine. After dinner, enjoy a music performance by the students of the university. During the evening, you will have the chance to learn about Shanghai and life in China from the students' viewpoint, and they will welcome the chance to practice speaking English. (PRICE: \$58.00)

The remaining trips in the Semester at Sea Field Program provide a variety of opportunities for students to enhance their overall study abroad experience. Students can visit sites of historical and cultural interest; learn about local environmental, political, economic and social issues; interact with local university students and other residents; become involved in community service; explore what is unique in each country; and enjoy some recreational activities. The following is a representative sampling of standard field trips that may be offered during this voyage:

SHANGHAI CITY ORIENTATION

Until the mid-nineteenth century, Shanghai was a small fishing town on the Huangpu River. Its rise to prominence came as the result of its selection as a treaty port by the British after the Treaty of Nanking. Since then, its unparalleled locational advantages have sustained its position as one of China's leading cities.

This orientation begins with a visit to Yu Garden, a fully restored classical Chinese garden with ingeniously mingling pavilions and corridors, small hills and carefully selected and placed rocks, lotus ponds, bridges, winding paths, trees and shrubs. Proceed to the Old town Bazaar followed by lunch at a local restaurant. Continue to the historic Shanghai Bund, a seven-mile-long grand boulevard on the bend of the Huangpu River, followed by a visit to the Jade Buddha Temple, an active temple with approximately 70 resident monks. Easily recognized by its bright saffron walls, the temple's centerpiece is a 1.9-meter-high jade Buddha encrusted with jewels. Visit the Shanghai Museum for a self-guided tour (headsets provided), and conclude your day in Shanghai with dinner at a local restaurant followed by an acrobatics show at the Shanghai Center Theater. (PRICE: \$64.00)



SUNRISE TAI CHI

Tai Chi is a graceful exercise that combines thought and action and is developed from an ancient martial art that reflects Taoist philosophy. The essence of Tai Chi is a combination of control and balance. You will travel by motorcoach to join local people in a public park to practice Tai Chi with the guidance of a Tai Chi Master. (PRICE: \$26.00)

SERVICE VISIT: KINDERGARTEN VISIT

You will visit a local kindergarten to meet and interact with the teachers and children who range in age from three to five years. After a tour of the facilities, there will be an opportunity to interact with the children. Your group will be supplied with interactive materials such as coloring books, crayons, puzzles or other supplies that will be donated to the school when you depart. (PRICE: \$23.00)

SUZHOU

Located in the middle of the Yangtze Delta on the Grand Canal just west of Shanghai, Suzhou is noted for its classical gardens and traditional handicrafts (silk embroidery and tapestry, mahogany furniture, regional pottery, etc.). When Marco Polo visited Suzhou in the 13th century, he called it the beautiful city of 6,000 bridges, an exaggeration to be sure, but because of the canal system and bridges still evident in the old city, Westerners have often called it the Oriental Venice. Of the more than 100 magnificent gardens in Suzhou originally created by retired officials or literati, a dozen are now open to visitors. Visit the Garden of the Master of Nets (the smallest in Suzhou, part of which is reproduced in New York's Metropolitan Museum of Art), the Lingering Garden (one of the four most famous gardens in China), the Leaning Pagoda, and the Suzhou Silk Museum. A walk through the main campus of Suzhou University, formerly an American missionary school founded in 1900, provides a sharp contrast to the old city and its gardens. (PRICE: \$81.00)

From the time this Sample Field Program is posted until the time the Final Field Program is available, a number of changes will occur.